

# WESSEX MENU SUMMER TERM 5 2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MENU KEY:		
<b>WEEK ONE</b>	<b>Option One</b>	Macaroni Cheese	Phat Pasty Pork Sausage Roll with Potato Wedges	Roast Chicken, Stuffing, Roast Potatoes & Gravy	Spaghetti Bolognaise	Fishfingers with Chips & Tomato Sauce	Whole grain		
	<b>Option Two</b>	Chickpea Curry with Rice	Mild Mexican Veg Chilli with Rice	Roasted Quorn, Roast Potatoes, & Gravy	Smokey Bean Burger with Wedges & Tomato Sauce	Cheese & Bean Pasty with Chips & Tomato Sauce			
	<b>Sides</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day			
	<b>Dessert</b>	<b>NEW</b> Banana Mousse	Orange Drizzle Cake	Fruit Platter	Apple Flapjack	Strawberry Jelly with Mandarins			
<b>WEEK TWO</b>	<b>Option One</b>	Cheese & Tomato Pizza with Summer Mixed Salad	Beef Chilli with Rice & Sweetcorn & Cucumber Salsa	Pork Sausage, Roast Potatoes & Gravy	Greek Chicken Pitta with Herby Rice, Tzatziki & Salad	Battered Fish with Chips & Tomato Sauce		Plant based	
	<b>Option Two</b>	Lentil & Sweet Potato Curry with Rice	Spaghetti & Veg balls in a Tomato Sauce	Veg Wellington, Roast Potatoes & Gravy	Greek Spinach & Cheese Whirl with Herby Rice, Tzatziki & Salad	<b>NEW</b> Cheesy Broccoli Frittata with Chips			
	<b>Sides</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day			
	<b>Dessert</b>	Iced Vanilla Sponge	Peaches & Ice Cream	Freshly Chopped Fruit Salad	Jam & Coconut Sponge with Custard	Oaty Cookie			
<b>WEEK THREE</b>	<b>Option One</b>	Tomato Pasta	Beef Burger with Potato Wedges & Rainbow Slaw	Roast Turkey, Mashed Potatoes & Gravy	Chef Shilpa's Chicken Korma with Rice	Fishfingers with Chips & Tomato Sauce			Added plant protein
	<b>Option Two</b>	<b>NEW</b> Chinese Vegetable Noodles	Mexican Bean Roll with New Potatoes & Rainbow Slaw	Vegetable Loaf with Stuffing, Mashed Potatoes & Gravy	All Day Vegetarian Breakfast	Veg Sausage and Bean Hotpot			
	<b>Sides</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day			
	<b>Dessert</b>	Pineapple Upside Down Cake	Cheese & Crackers	Fruit Medley	Strawberry and Apple Crumble with Custard	Vanilla Shortbread			

## AVAILABLE DAILY:

Jacket Potatoes with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.