



## PE Long Term map 2025-2026



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Reception</b>	<ul style="list-style-type: none"> <li>To negotiate space.</li> <li>To travel with confidence.</li> <li>To jump and land safely.</li> <li>To balance</li> </ul>		<ul style="list-style-type: none"> <li>To create shapes – high and low</li> <li>To find different ways of moving - high, low, over and under</li> <li>To create own movements and sequences</li> <li>To respond to music in movement</li> </ul>		<ul style="list-style-type: none"> <li>To dribble and kick. To negotiate space</li> <li>To dribble against an opponent</li> <li>To take turns. To keep score and follow game rules. To use strategies to defend.</li> <li>To be active and interactive using balance bikes within groups, developing co-ordination, control, and movement.</li> </ul>	
<b>Year 1</b>	REAL PE – Unit 1 Coordination and balance (indoor) Games – following instructions (outdoor)	REAL Dance - Unit 1  REAL PE – Unit 2- Agility Ball Skills	REAL Gym – Unit 1  REAL PE – Unit 3 – Dynamic Balance	REAL PE – Unit 4 Ball Skills (indoor) Team Sport Skills (outdoor)	REAL GYM – Unit 2 Gym Skills – using apparatus (indoor) Athletics (outdoor)	REAL PE – Unit 6 Floor Work Athletics (outdoor)
<b>Year 2</b>	Cricket Real PE unit 1	Dance Real PE unit 2	Gymnastics Real PE unit 3	Real PE unit 4	Real PE unit 5	Athletics Real PE unit 6
<b>Year 3</b>	Indoor: REAL PE Outdoor: Tag Rugby	Indoor: REAL PE Outdoor: Hi 5 Netball	Indoor: REAL Dance Outdoor: Hockey	Indoor: REAL Gym Outdoor: Basketball	Indoor: REAL Dance Outdoor: Football	Indoor: REAL PE Outdoor: Athletics
<b>Year 4</b>	Indoor: REAL P.E. Outdoor: Football	Indoor: REAL P.E. Outdoor: Netball	Indoor: REAL Gym Outdoor: Tag Rugby	Indoor: REAL Dance Outdoor:	Indoor: Swimming Outdoor: Cricket	Indoor: Swimming Outdoor: Athletics
<b>Year 5</b>	Real PE Hockey	Dance Football	Quidditch Real PE	Kwik Cricket Real Gym	Tennis Real PE	Real PE Athletics
<b>Year 6</b>	Indoor: Real PE Outdoor: Cricket	Indoor: Real PE Outdoor: Football	Indoor: Real PE Outdoor: Netball	Indoor: Real PE Outdoor: Basketball	Outdoor: Tennis Games and Fitness	Outdoor : Cricket Athletics